



Fall Ski Camp at Copper Mountain, Colorado

EIGHT DAY PROGRAM - November 19-26, 2011 - \$1,995

At the NASC Fall training camp, you will train GS and SL. The day will include free-skiing, drill work and gate training. We also have a 6 to 1 athlete to coach ratio.

NASC offers a variety Summer Ski Camp programs as well as rafting and kitesurf programs for campers ages 8 and older.

NASC COPPER MOUNTAIN FALL CAMP TRAINING

Copper Mountain consistently offers some of the very best snow conditions in the world during the month of November. World class teams come from all over the world to train at Copper Mountain in Colorado. Join us for some excellent early season training to get the edge on your competition. Start your day with an awesome breakfast at Jack's in the base of the training facility, followed by quality free skiing, drills and instruction by our passionate and highly talented coaches. We then move into 3 hours of gate training each day on Copper's High speed quad chairlift. Round out your day with a video review session with detailed movement analysis with your coach to get you focused for the next day. Finally a workout at the private Health Club and a soak in the pool or Jacuzzi is in order. Campers are always supervised 24 hours a day. This highly popular camp is usually full by mid August, so register early!

NASC EMPHASIS AT THE COLORADO CAMP

Our time at Copper offers some of the highest possible quality training and skiing. The camp is known for its fun and all-mountain skiing environment combined with a serious and focused attitude and safe training each and every day. There is no better way to get ready for ski season than to train with NASC at our fall camp. Copper Mountain's grooming department maintains and perfects our training slope on Copperopolis to ensure hard snow and quality training daily. Copper boasts one of the largest snowmaking systems in the world so the snow is guaranteed as long as it is 32 degrees or colder. An early winter is expected around the country and we will be "on top of the world" at Copper Mountain again this November.

NASC ACTIVITIES AT THE COLORADO CAMP

If you want the complete package and everything within walking distance... The Village at Copper Mountain is for you. With special access to the health club at the base of our training area, our campers will have a chance to have indoor dry land each afternoon. Daily video analysis of gate training is so valuable for improvement. Curfew at 9:30pm is enforced so the athletes get enough rest to perform at the highest level. At NASC you will find everything you could ever want in a ski racing camp. Improvement is guaranteed!

NASC LODGING AT MEALS AT THE COLORADO CAMP

Copper Mountain Village is known for its fine lodging. NASC has seven gold level condos in the Center Village (super nice). You can choose from your own private hotel room (upgrade fee) or you stay with the other campers in the shared lodging with your choice of roommates. Camp prices will be adjusted if you provide your own lodging during camp. Breakfast is provided by Copper Mountain in one of their on mountain cafeteria facilities (Jack's). Choose from a full hot breakfast or just grab a quick power snack on your way up the lift. Lunch and dinner are fixed in the main slope side condo in the Center Village.

NASC REGISTRATION, ATTENDANCE & TRAINING QUALITY

The NASC Colorado camp fills up fast due to the popularity of the camp. You are encouraged to register early so we can maintain our 6 to 1 athlete to coach ratio. Our coaches know all the areas at Copper Mountain and will ensure that you enjoy your time on and off the slopes. The Excillator lift on our training arena has a 6 minute turn-around time allowing for numerous gate training runs. Modern Slalom and Giant Slalom will be our primary focus at camp. NASC uses only SPM gates and prides itself on safe, well maintained modern courses. New technique, equipment, race line, modern ski tuning and warm ups will be discussed.

COACHES AND CONTACTS

All of our full time Mt. Hood staff will be with us in Colorado so you can expect the same amazing coaching and support each and every day. You can view their profiles on the "coaches and staff" page.

REGISTER

Register on line and all the necessary forms will be e-mailed to you in real time.
www.skicamp.com

